

The VA Martinez: An On-going Outreach Program

The veterans at the Martinez VA have been enjoying and continue to participate in the California Watercolor Association Outreach program. Twice a month a dedicated group of Vets work on projects which range from the "3 Zones of Landscape and Still Life" to the "Splash and Blow" of Lian Zhen. Samples of their work is shown here. Often a vet wanders through and stays just to observe. Others join in on the spur of the moment. It is a pleasure to work with the veterans.



The Recreational Therapy Department Fair

This February 2014 Outreach will be taking part in a week long VA Martinez Recreational Therapy Department's fair. The VA staff, volunteers as well as vets will be invited to join in activities to better understand all that is on offer. Our Outreach volunteers will assist one day in the making of a simple takeaway project, sharing the excitement of water media.

Playing with watercolor is fun and can give solace to the soul.



~Sheila Cain www.californiawatercolor.org/outreach.php

